



## Fusion de los Cinco Elementos



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# Fusion de los Cinco Elementos

*Mantak Chia*

## Fusion de los Cinco Elementos Mantak Chia

The Fusion of the Five Elements is the first level of Taoist internal alchemy, discipline whose purpose is to control the energies of our inner universe and establish a close connection between them and the outside world. This is a first step to control the generation and flow of our emotional, mental and physical energies, which we will learn to locate and dissolve the negative ones hidden in our body.

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224 pages

### **About the Author**

A student of several Taoist masters, Mantak Chia founded the Healing Tao System in North America in 1979 and developed it worldwide as European Tao Yoga and Universal Healing Tao. He has taught and certified tens of thousands of students and instructors from all over the world and tours the United States annually, giving workshops and lectures. He is the director of the Tao Garden Health Spa and the Universal Healing Tao training center in northern Thailand and is the author of 50 books, including "Taoist Foreplay", "Inner Smile, Cosmic Fusion", "Sexual Reflexology", and the bestselling "The Multi-Orgasmic Man."

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